# What to wear for Hedgehog Club

Hedgehog Club takes place outside for the whole session and happens whatever the weather. We want everyone attending the sessions to get the most from the time outside – children and adults -so dressing appropriately is really important. Please do not wear your best clothes or clothes that you would be upset about getting muddy and dirty. Please bring a bag for dirty/wet clothes and a change of clothes to go home in.

## At all times of year:

#### Please wear:

- Long sleeved top
- Long trousers
- Waterproof all in one or separate jacket and trousers
- Suitable footwear with closed toes- no sandals
- Bring spare socks and other clothing depending on the time of year, in case things get wet

### Spring/summer

- Sun hat
- Sun cream applied and bring some with you
- Insect repellent

### Autumn/winter

- Layers- thin underneath and thicker on top
- Long fleecy trousers with thin leggings or tights underneath, avoid jeans
- Long sleeved top with a thinner top underneath
- Jumper/fleece on top of that
- Waterproof- all in one/jacket and trousers
- Hats, gloves, buff
- Wellies with 2 pairs of socks